

# London & South East Regional Snowsports Association



## 2006 Race Series Sponsored by BARTLETTS of Hillingdon



## Race Bulletin

### Race Dates and Venues

Saturday 29 <sup>th</sup> April	Chatham
Sunday 18 <sup>th</sup> June	Aldershot
Saturday 8 <sup>th</sup> July	Brentwood Park
Saturday 26 <sup>th</sup> August	Bromley
Sunday 24 <sup>th</sup> September	Bromley

### Race Format

#### Individual Slalom

Races will be of 3 timed runs through the same special slalom course and the combined total time of the best result from runs 1 & 2 added to the time of run 3 to count. All 3 runs will be in reverse bib number order.

#### Dual Slalom

**Club Team Event** - Clubs may enter up to 2 teams of 5 racers, with at least one member of the opposite sex.

**Team Event** - Racers not included in club teams will be computer selected from their best run slalom time and computed into teams of near equal ability.

### Timetable

08.30	Race office opens for bib issue / Open Practice
09.30	Course Setting
09.50 – 10.10	Course Inspection
10.15	Special Slalom Race start
PM	Team races start

### Officials :

**If each club provides two officials the races will be much easier to run.**

Assistance is required on race days to ensure the races run smoothly and safely. Those prepared to help as officials should indicate the race(s) they would be available for on the entry form. Volunteers will be contacted prior to the race to discuss how they could help.

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05 March 2006

## Race entries

The entry fee for each Race is £13.50 but a discounted rate of £55.00 is available if all 5 races are paid for by 26<sup>th</sup> April 2006.

**Race entries must be with the Secretary by 19.00 hours on the Wednesday prior to a race.**

This is required to ensure there is sufficient time for pre-race organisation and preparation of start lists to get the race underway promptly. Where late entries cannot be avoided then a total cost of £20 for each race entry will be required.

Entries can be made to the race secretary by post, by telephone (leave answer phone message if necessary), or by email and where possible the entry fee should accompany it. If not then the entry fee must be made on the day of the race to validate the entry.

By popular request an additional Category has been added this year in recognition of the numbers of older racers who now participate in the series

## Age Groups

Age Group	Year(s) of birth
1	1997 or Later
2	1996 & 1995
3	1994 & 1993
4	1992 & 1991
5	1990 & 1989
6	1988 & 1987
7	1986 to 1977
8	1976 to 1961
9	1960 & earlier

Entries from skiers in Age Group 1 must be countersigned by their coach to signify they are competent to race.

There will be a special category in each race for skiers with disabilities.

## Prizes

### Each race

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in all age groups for both male and female racers.

Medals will also be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for both male and female skiers with a disability.

### Series

Trophies / medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> placed skiers in each age group for both male and female, and also to the overall 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>, male and female.

Group placings will be calculated by adding the points from the 3 best races of the series, with a minimum of three placings required. Points are awarded on the following basis for each race:

1<sup>st</sup> = 15pts, 2<sup>nd</sup> = 10 pts, 3<sup>rd</sup> = 8pts, 4<sup>th</sup> = 6pts, 5<sup>th</sup> = 5pts, 6<sup>th</sup> = 4pts, 7<sup>th</sup> = 3pts, 8<sup>th</sup> = 2pts, 9<sup>th</sup> = 1pt

The overall placings will be calculated by working out a percentage figure based on time difference from the winner for each race and averaging the 3 best races of the series, with a minimum of three placings required.

More details of these calculations can be found with the race results.

### Winners

Race and Series winners will be expected to show due courtesy to the organisers by attending the prize giving. Those who do not attend without good reason may lose their claim to an award.

## Race Rules

Racers will be required to wear a helmet, gloves, long trousers and a long sleeved garment, which also covers the midriff, to reduce the risk of injury during the race. In addition Ski poles with a diameter of less than 15mm must be fitted with suitable tip protectors to increase the tip diameter to 15mm.



# Race Entry 2006 Ski Race Series

Sponsored by

## BARTLETTS

Of Hillingdon

Surname

Forename(s)

Club/Sch/Uni

Disability

Yes/No

Address

Post Code

Tel No

Year Of Birth

Signature of Coach if Age Group 1

Date	Venue	Registration	Entry Fee	Tick Race(s) Entered	Tick if you can officiate
Saturday 29 <sup>th</sup> April	Chatham	08:30 am	£13.50		
Sunday 18 <sup>th</sup> June	Aldershot	08:30 am	£13.50		
Saturday 8 <sup>th</sup> July	Brentwood Park	08:30 am	£13.50		
Saturday 26 <sup>th</sup> August	Bromley	08:30 am	£13.50		
Sunday 24 <sup>th</sup> September	Bromley	08:30 am	£13.50		

I wish to enter for the races ticked above	I enclose a fee of	£
	I enclose the Series Discount Fee of	£55

Name of person prepared to assist as an Official at the race(s) indicated above:

Cheques to be made payable to 'L&SERSA'

Send to :- Race Secretary, Sally Woods  
79 Hawbeck Road, Rainham, Kent, ME8 9UX.  
Tel / Fax :- 01634 362174  
Email [rod.woods@btinternet.com](mailto:rod.woods@btinternet.com)

*Please Photocopy and distribute this entry form if required*



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05 March 2006

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## Consent / Disclaimer

### PERSONAL PROTECTIVE EQUIPMENT

### Important Notice: Read thoroughly before signing

In order to encourage a proper attitude to the wearing of appropriate safety clothing and equipment all racers in L&SERSA Race Events will be required to wear a helmet, gloves, long trousers and a long sleeved garment, which also covers the midriff, to reduce the risk of injury during the race. In addition Ski poles with a diameter of less than 15mm must be fitted with suitable tip protectors to increase the tip diameter to 15mm.

These requirements are compulsory for all racers in all groups.

Many ski slopes/clubs/insurers now insist that all racers wear appropriate protective equipment when training or racing. Most ski helmets/head protection available comply with EN 1077 .

**L&SERSA neither specifies nor recommends any particular helmet design and undertakes no responsibility or liability in connection with the requirement that helmets be utilised. It is the sole responsibility of the competitor (or in the case of minors, the parent, or other responsible adult signing the form) to select an appropriate helmet with or without face guard for accident protection in ski racing and to ensure it is properly fitted.**

**CAUTION:** The protective qualities of all safety helmets and face guards are affected by age and use. Some older helmets and face guards that have been damaged either in racing by a fall or by other impact may no longer provide sufficient protection - even if there are no visible indications of damage. L&SERSA neither specifies nor makes warranties as to the fitness for use of any particular ski helmet or face guard nor assumes any responsibilities or duties to any competitor by requiring the use of a helmet or face guard.

<b>I confirm that I compete in the races entirely at my own risk and I release L&amp;SERSA and its officers from any harm I may suffer whilst competing and that I am solely responsible for ensuring that I am wearing the appropriate equipment as detailed above and that it is suitable, safe, and properly fitted what ever the source of supply.</b>	<b>Name of competitor</b>
	<b>Signed</b>
	<b>(By Responsible Adult if under 18 years )</b>
	<b>Date</b>