



London & South East
Regional Ski Association
L&SERSA NEWS

MAY 2004

Bromley Race

First race of the season took place on a hot day at Bromley, with over 160 racers from all over the region attending. With many of the youngsters coming back from snow races a couple of weeks before showing their amazing ability to adapt between surfaces.

Individual Gold medals were won by the following skiers: Female skiers **Rachelle Rogers** (Wycombe), **Emily Evans** (Chatham), **Kirstie Bilton** (Chatham), **Frankie Simmonds** (Wycombe), **Anouska Callander** (Wycombe), **Katherine Earl** (Chatham), **Sally Bartlett** (Wycombe) and **Mary Ondrusz** (Bromley). In the male section gold medals were won by **James Gibb** (Chatham), **Thomas Kirton** (Chatham), **Nick Robinson** (Aldershot), **Joe Ogden** (Wycombe), **Henry Cloak** (Bowles), **Jack Buchanan** (Bromley), **Tristan Lamb** (Bromley) and **Paul Bunton** (Chatham).

The club team event was won by Bromley A made up of **Aaron Colyer**, **Jenny Plank**, **Sam Wrench**, **Dean Rawlings-Brown** and **Tristan Lamb**. Aldershot and Wycombe A took 2nd and 3rd respectively.

As always the fun team event provided its usual excitement and close racing with a team comprising **Henry Cloak** (Bowles), **Michael Brain** (Bromley), **Kim Whattler** (Chatham), **Annabel Kirton** (Chatham) and **Mikki Thompson** (Chatham) taking the gold medals.

For details about races contact your local club or region (01483-827972 (Sandy)/01634-362174 (Sally)) or try the regional website (www.lsera.org), Peter Heath's website (www.britski.org) Or UK Skiers Resource website (www.ukskiersresource.co.uk)

GOOD LUCK to everyone who takes part in any of the races and remember

***** THIS IS A FUN SPORT SO ENJOY IT *****



Safety Helmets

Ensure you are safe. The wearing of helmets is now compulsory for all skiers when training or racing at many dry ski slopes, including Wycombe Summit, Chatham, Hemel and Rossendale. The wearing of a suitable helmet is compulsory for all racers in the LSERSA Summer Race Series.

Bartletts of Hillingdon is giving a 10% discount on helmets for all LSERSA racers. The approximate cost without discount is FROM £37.50 for children and £45.00 for adults.

Race officials Course

The 8th and 9th of May a level 1 Race officials course was run at Chatham and Wycombe respectively.

Run by Snowsport GB with two senior race officials the day was fun and light hearted, but explained fully what is expected of race officials; how the procedures and protocols work on the day and how to complete various forms.

Race Officials are always required, so let Sandy know and when there is enough interested more courses can be arranged.

Knowing more about the rules is very useful, as a racer I learnt a few things about what I am allowed to do if I make a mistake.

COURSES

Race Camps at Wycombe - week beginning May 31

Marc Telling is running 3 one-day race camps each consisting of 2 two-hour sessions. These will cost £40 for each day. For more details please phone 01483 827972.

They will run in parallel to Toby Fischel's one-week camp at Wycombe.

Other races



**KENT SCHOOLS
SKI
CHAMPIONSHIPS**

Sunday 13th June 2004, Chatham Ski Centre

Club National, Grand Prix & International

29th/30th May - Wycombe

19th/20th June - Chatham

MAKE A NOTE OF THESE DATES

The next LSERSA Regional races will be held on

15th MAY at BRENTWOOD PARK SKI CENTRE

18th JULY at WYCOMBE SUMMIT

29th AUGUST at CHATHAM SKI CENTRE

26th SEPT at ALDERSHOT SKI CENTRE

Including End of Series Presentations Plus FREE
B-B-Q

Sorry you'll have to buy your own drinks!

XSCAPE RACE SERIES 2004

Castleford & Milton Keynes

RACE 1 – Saturday 13th March 2004, XSCAPE
CASTLEFORD

RACE 2 – Saturday 15th May 2004, XSCAPE,
MILTON KEYNES

RACE 3 – Saturday 17th July 2004, XSCAPE
MILTON KEYNES

RACE 4 – Saturday 21st August 2004, XSCAPE,
CASTLEFORD