

# Coaching Conference 2011

## September 17th & 18th



Dear Coaches, Instructors and Parents,

UKSS would like to invite you to the coaching conference 2011 which will be held at Chill Factor<sup>e</sup> for the second year running. Snowsport England will be hosting presentations and practical workshops from various different snowsport areas and disciplines throughout the weekend for members of all UKSS organisations.



### 17<sup>th</sup> September

Key note speaker, Jim Taylor renowned Psychologist  
Freestyle and Ski cross presentations  
Strength and Conditioning  
UKSS Instructor refresher sessions  
Coaching forum hosted by Robin Kellen  
Awards and presentation Dinner



### 18<sup>th</sup> September

On and off hill practical workshops  
Safeguarding and protecting children  
Jim Taylor – Psychology  
Telemark sessions  
Freestyle workshop  
Race coach education  
UKSS Instructor refresher  
Strength and Conditioning workshop



Jim Taylor, our Key Note speaker is a world renowned sports psychologist who has worked with the United States and Japanese Ski Teams, the United States Tennis Association, and USA Triathlon, and has worked with professional and world-class athletes in tennis, skiing, cycling, triathlon, track and field, swimming, football, golf, baseball, and many other sports. He has been invited to lecture by the Olympic Committees of Spain, France, Poland, and the U.S.



We hope you can attend the weekend as this is a great opportunity for all disciplines, coaches, instructors and parents to get together to discuss and be educated with new and exciting developments throughout the UKSS structures.



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### Confirmation Deadline 2<sup>nd</sup> August 2011

Return this form and payment to;  
 UKSS conference, 61 Hazel Road, Loughborough LE11 2JQ  
 The office will confirm receipt by mail or e-mail.  
 E mail; [mike@rawsnowsports.com](mailto:mike@rawsnowsports.com) or [sara@snowsportengland.org.uk](mailto:sara@snowsportengland.org.uk)  
 Tel 0121 501 2314 Mobile 07900 922334  
 Snowsport England, Area Library Building, Halesowen, West Midlands, B63 4AJ

**ONLY ONE DELEGATE PER BOOKING FORM**



<b>Delegates Name</b> Conference fee per candidate £120	
Non Home nations members will incur a £10 surcharge @ £130	<b>Awards dinner included for each Delegate please complete menu choices</b>
Hotel booking all rooms are twin bookings at the Premier Inn next to venue <b>16<sup>th</sup> September 2011</b>	Number of rooms required at £65 for 16 <sup>th</sup> September; None    One    Two    Three  Please indicate if you require more rooms
Hotel booking all rooms are twin bookings at the Premier Inn next to venue <b>17<sup>th</sup> September 2011</b>	Number of rooms required at £65 for 17 <sup>th</sup> September; None    One    Two    Three  Please indicate if you require more rooms
Awards dinner to be held at Theatre of Dreams (MUFC) £35 per non delegate <b>17<sup>th</sup> September 2011</b>	Number of dinner places to be booked for 17 <sup>th</sup> September One    Two    Three    Four <b>NON DELEGATES BOOKING ONLY</b> Please indicate if you required more places
<small>Accommodation bookings will only be taken with booking form at time of booking your conference place                  Cancellation fees will be 75% of the original booking                  Excluding hotel bookings and awards dinner tickets which will be 100% of the original booking fee</small>	
<b>Total amount to be charged</b>	<b>Total £</b>



I have read and understood the outline programme. I will ensure that the delegate has appropriate training, ski and travel insurance for this event, I agree to taking part in this training event. I understand that if I cancel the above booking I will still be liable for any irrecoverable cost incurred by Snowsport England.



### Full payment to accompany your booking form by 2<sup>nd</sup> August 2011

Candidate Name	
Signed	Date
Name	Club/Organisation
Address for acknowledgement	
E mail	



Mike Barker  
 Event Organiser on behalf of Snowsport England and UKSS  
 Email: [mike@rawsnowsports.com](mailto:mike@rawsnowsports.com) mob:07900 922334  
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Name.....

Address.....

.....Postcode.....

Tel No (day)..... Email.....

I am currently registered with (please circle)

SNOWSPORT ENGLAND    SNOWSPORT SCOTLAND    SNOWSPORT WALES    BASI

As.....Registration number.....

- I enclose a cheque made payable to "Snowsport England"
- Please debit my MasterCard/Visa/Switch/Solo Card (delete as appropriate)

Name.....(exactly as on card)

Card number.....

Issue No..... (where present; Solo/Switch only) Valid date.....Expiry date.....

Security No..... (Last three digits on the back of the card) Address of card holder if different from above address:

.....

Accommodation is offered with this booking at a cost of £65 per night per twin room at the Preimer Inn next to the Chill Factor. This offer is only available at time of booking and until the 2<sup>nd</sup> August 2011 booking deadline.

If you do not wish to send your credit card details through the post you may phone head office to give your details and send your form under separate cover or fax through on 0121 585 6448.

Please return this form together with your total value cheque (if applicable) to: UKSS Conference 61 Hazel Road, Loughborough LE11 2JQ . As soon as possible, **deadline for all applicants 2<sup>nd</sup> August 2011.**



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 Event Organiser on behalf of Snowsport England and UKSS  
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09:30am - 10:15am	Registration		
10:30am - 11:50pm	Conference opens	Opening remarks and welcome from SSE Chair and CEO Launch of Coaching Pathway (BASl) Coaching Strategy (SSE)	
12:00pm - 2:00pm		Key Note speaker: JIM TAYLOR (USA) Psychology - Prime Ski Racing - Triumph of the skier's Mind	
2:00pm - 2:25pm		Break - tea and coffee / Lunch	
2:30pm - 3:30pm		Freestyle	Strength & Conditioning - Children Neil Welch
3:30pm - 3:55pm		Break - tea and coffee	
4:00pm - 5:00pm		Ski Cross Simon Ashton	Positive Pushing: How to Coach a Successful and Happy Child Jim Talyor
5:00 pm - 6:15pm		Chris Exall - Instructor Refresher Theory	Forum - Level 3 and 4 - Host Robin Kellen
7 : 3 0 p m		Awards Dinner - Theatre of Dreams, Manchester United FC (With LIVE Music)	



8:00 am - 9:00 am	8:15am 11.15am Safeguarding and Protecting Children	Registration & Salomon Ski test allocation				8:15am 11.00am Instructor L1 and L2 Refresher	Telemark Beginner Session Andy Stewart
9:00 am - 10:30 am		Race Coaching Education L3/L4	Jim Taylor	Freestyle Ski X	S&C Neil (off snow)		
10:30 am - 11:00 am	Break - tea and coffee						
11:15 am - 12:45 pm	Race Coaching Education L3/L4	Jim Taylor	Freestyle All	S&C Neil (off snow)	Personal Performance L1/L2	Telemark Beginner Session Andy Stewart	
12:45pm - 1:30pm	Lunch Break - lunch provided						
1:30pm - 3:00pm	Race Coaching Education L3/	Jim Taylor	Freestyle	S&C Neil (off snow)	Personal Performance L1/L2	Telemark For those who have tried before!	
3:15 pm - 4:15 pm	Panel Session						



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Please note sessions will be on a first come first served basis.  
We are maximising 12 people per group per snow based session (Day two)

Name:.....

Telephone:.....

Email:.....



**Sat 17<sup>th</sup> Sept:** *please circle desired choice:*

**Session one:** Freestyle (helmets needed) or Strength Conditioning

**Session two:** Ski Cross (helmets needed) or Positive Pushing - Psychology



**Sun 18<sup>th</sup> Sept:** *please list desired choices, with preferred option first:*

Session one:

- 
- 
- 

Session two:

- 
- 
- 



Session three:

- 
- 
- 



I would like to do the Safeguard Course: YES  NO

*(Please note you will miss the first practical session on the second day to participate in the Safeguarding Course.)*



This is a provisional programme SSE have the right to change it at any point.

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Dinner Menu at the Theatre of Dreams for the UKSS awards presentation evening

### Starter

Seared tuna with a nicoise salad, rosemary essence & piquillo pepper dressing  
Goats cheese & candy beetroot salad with herb croutons & carrot and curry oil (V)

### Main

Roasted breast of corn fed chicken with crushed new potatoes, cocoa beans, broad beans, fine beans, peas & a tarragon cream  
Vegetable risotto served with roquette & parmigiano reggiano (V)

### Dessert

Burnt English custard, cinnamon rolled blueberries & Jersey clotted cream



Please indicate which menu choices you would like

Starter	Please tick	Main	Please tick
TUNA		CHICKEN	
GOATS CHEESE		RISOTTO	



All drinks are to be purchased separately from the menu

Live music acoustic music will be played throughout dinner

Please only provide one menu confirmation per booking, a separate menu confirmation will need to be completed for non delegates attending dinner.

Diner's Name



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## Check list

- Delegate booking form
- Workshop booking form
  - Hotel booking
- Awards Dinner booking & Menu choices
  - Signed and dated booking forms
  - Voted for coaching awards 2011



# Coaching Conference 2011

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# Coaching Awards 2011



The following categories will be presented at the annual awards dinner which is to be held at Old Trafford on the 17<sup>th</sup> September 2011.

Past recipients from 2010

- Participation Coach of the year (Pat Sharples)
- Lifetime achievement Award (Kevin Blanks)
- Junior Performance Coach of the year (Marc Telling)
- Children's Coach of the year (New for 2011)



Voting and nomination form for 2011

Nominations can be for anyone involved in coaching across all the Snowsport disciplines. If you feel they deserve some public recognition please vote.



Participation Coach of the year	
Lifetime achievement Award	
Junior Performance Coach of the year	
Children's Coach of the year	



All nominations will be anonymous and only one form will be accepted per booking

Thank you for nominating 4 of your fellow coaches and hope you will be able to attend the presentation dinner on the evening of the 17<sup>th</sup> September.



Anyone wishing to bring partners or non conference delegates please complete a separate menu form and attach the appropriate amount in a separate payment.

